

L-1 BEST FORM OF PRAYER

Summary : The universe is the creation of Almighty God. All the beautiful things and objects are the creation of God. God is the fountain of all the life on the earth. The beautiful flowers, the high mountains, the twinkling stars, the amazing planets etc. all tell about glory and greatness of Almighty. The wind, the light, the rain, the oceans all bear His stamp. Therefore we all should pray God and be grateful to Him.

God has created man and endowed him with wisdom so that he can understand the difference between 'RIGHT' and 'WRONG'. Therefore we should be grateful to Him and express our gratitude to Him.

Raman Maharishi was a great saint, he believed that best form of worship is to serve the poor and the disabled. Once some English priests heard about him and requested him to show God. Next day Raman Maharishi took them to a hut where a leper was lying on a bed. He fed him and applied ointment on his wounds. The priests got surprised and felt guilty. Raman Maharishi said, " My God is here . The real worship of God is to serve His creation". Children we have heard about Mother Teresa , she worshipped God in the images of orphan and disabled children. Therefore we should also pray God to give us strength to help the poor and the needy.

Note : Dear students write ' Words of Wisdom', Q/Ans. ,Exercise and draw following picture in your notebooks. If you don't have fair notebook ,you can write in rough notebook also.

LESSON 1 BEST FORM OF PRAYER

' Words of Wisdom'

The real worship of God is to help the sick and poor.
The real worship of God is to help his creations.
The real worship of God is to love his creations.
The real worship of God is to love human beings.



A. Answer the following questions :-

1. Name five specimens of God's craftsmanship.

Ans. The different kinds of beautiful flowers , the lovely and charming birds , the high mountains and their snow covered peaks, the flowing rivers , the excellent springs and lakes are some specimens of His craftsmanship.

2. Name five things that reflect God's glory and greatness.

Ans. The flowering plants, the green fields , the shining sun and the moon , the twinkling stars and the amazing planets reflect God's glory and greatness.

3. What is the position of a man in this vast universe ?

Ans. Man is like a very small creature in this vast universe.

4. What extraordinary and wonderful quality does a man have ?

Ans. The extraordinary and wonderful quality which a man is blessed with is his intelligence and wisdom .

5. What advice did Raman Maharishi give to his disciples , in order to see God ?

Ans. Raman Maharishi advised his disciples that if they want to see God they should go to the slums and serve the sick and the distressed .

6. Why did the English priests get surprised ?

Ans. The English priests got surprised when they saw Maharishi Raman serving a leper. He cleaned his body and applied ointment on his wounds. He changed his clothes and fed him with his own hands.

B. Fill in the blanks with appropriate words:

1. It is our duty to bow down to God with prayer.
2. People go to different places of worship.
3. The real worship of God is to serve His creations.
4. Mother Teresa was a real worshipper of God.
5. Give me a heart that helps the humanity in distress.

C. Tick the correct ✓ options:

1. Who is the fountain of all life on earth?

- (a) God (b) Devil (c) Human beings (d) None of these

2. What is our duty towards God ?

- (a) Bow down to Him (b) Pray to Him (c) Both (a) and (b) (d) None of these

3. Who believed that the best form of worship to God is to serve the sick , the poor , etc. ?

- (a) Swami Dayanand (b) Raman Maharishi
(c) Swami Vivekanand (d) Kabir Das

4. What is man blessed with , by God?

(a) Intelligence

(b) Wisdom

(c) Both (a) and (b)

(d) None of these

D. Write a prayer on ' Humanity in Distress' .

We should pray to God :

For all things fair we hear or see,

Father in heaven , we thank thee.

aven, we thank thee.

For blue of stream and blue of sky,

Father we thank thee.

Keep my eyes open so that I could see the sufferings of others.

Never let me become hard and disinterested in those who suffer

Give me strength to serve your creations with my heart.

Home Work : Learn Q/Ans. , Fill ups , MCQ and prayer.