

## SCIENCE (ORAL)

### How We Grow

Moana was a small baby. Then she grew. We also grow from the day we are born. Let's learn about growing stages.



1. Moana was a baby.



2. Moana grew into a child.



3. Now, Moana is a teenager.



4. Moana's mother is an adult.



5. Moana's grandmother is old.

LEARN Q/ANS.

Q3. Name five stages of growth?

Ans 3. Baby, child, teenager, an adult and old .

## Stay Healthy and Fit

Mickey and Minnie jog every day to stay healthy and fit.

Let's follow Mickey and his friends to stay healthy and fit.



Exercise regularly.



Go to bed early.



Play games daily.



Wake up early in the morning.

### LEARN Q/ANS.

**Qs 4 . How can we stay healthy and fit?**

Ans 4. We can stay healthy and fit by

1. Exercise daily.
2. Going to bed early .
- 3 . Play games daily.
4. Wake up early in the morning.