

CLASS – 1 General Knowledge [G.K.]
Lesson – 5 TAKE CARE

In this lesson we are going to learn about some safety rules that will keep us safe at home and outside.

Children when you were young you always went out with your parents or elders. But as you grow up, you have to do your work on your own. Therefore you have to learn the things that you must do to keep yourself safe.

In this lesson we will learn some of the things that we should and should not do. They are all the **SAFETY RULES**.

Please practice writing down the sentences given in red in your rough copy, to learn it better.

1. Follow the traffic rules.

This is very important when you are walking on the road or crossing the road. We can avoid accidents. When traffic light is red, the cars stop moving. This is the time when we should cross the road. If there is zebra crossing we must use that.



2. Never play with matchsticks.

We all know matchsticks are used to light fire. Children you are too small now to work with fire. So to keep safe please stay away from matchsticks. They might burn your fingers.



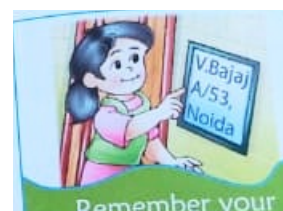
3. Take permission from elders to go outside.

If you want to go outside the house to play or meet friends, you must ask your parents or elders who are at home. Never go out without informing them. This will keep you safe, as you will be under their watch.



4. Remember your home address.

This is important, as it will help to get back home in case a child is lost. He can give his address to an elder, or a policeman who will help the child to reach his home.



[Will be completed in next class work.]