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PATIENCE

(Perseverance)

Words of Wisdom

Patience means to be calm and quiet.

Patience means not to lose temper.

Patience means not to hate anyone.

Patience means to forget and forgive.

Patience means to be calm and to control one's emotions. It is very easy to lose one's temper but it is really difficult to be patient.

Read the following story:

Long long ago, a tortoise lived by a pool in a forest. A pair of swans often came to that pool. Soon all the three became very good friends.

Once, there was no rain in that area for long time. The pool in which the tortoise lived was about to dry up. The tortoise got worried.

One day, the swans said to the tortoise, "Friend, this pool is sure to dry up, so we want to go to some other place soon." The tortoise said, "I would very much like to go with you but I cannot fly."

"Don't worry. We won't let you die for want of water. We shall carry you with us", the swans said. "But how? Asked the tortoise eagerly".



"If you keep your mouth closed, we can easily take you with us", said the swans.

"That will be very easy," replied the tortoise.

"Be careful, it is not easy to control one's anger and to keep patience," said the swans. But the tortoise assured them to have patience on the way.

The swans brought a thin but strong stick and said "Hold it hard in your mouth. We'll carry the stick one on each side and fly. If you happen to open your mouth even once, you will fall down on the ground and be killed."

The tortoise caught the stick very hard in his mouth. The swans held the two ends of the stick in their beaks and flew. As the tortoise was too heavy, the swans could not fly very high. Some children were playing in the fields. When they saw that two swans were carrying a tortoise, they made a plan and began to make a noise so that the tortoise might open his mouth.



The tortoise got very angry at their shouting. He had no control over his anger. He could not remain patient. "Why do you shout like fools, you silly children?" he said. As soon as he opened his mouth, he fell onto the ground and was killed.

Dear children! there are many occasions when you should remain patient. In the bus at home, in the school or in the playground, the virtue of patience is of great help to you.



Lord Buddha was famous for his patience. So he succeeded in changing the hearts of many mighty and cruel people.

Jesus Christ, the founder of Christianity was nailed to a cross. He accepted the crucifixion laughingly and with great patience.

Maharishi Dayanand, the founder of the Arya Samaj, was famous for his patience. His opponents abused him and threw stones at him. But he never lost his temper. His own cook poisoned his food. Still he remained calm and patient. He called the cook and told him to slip away lest his followers should do any harm to him.

You must have heard or read about Mahatma Gandhi, the 'Father of our Nation'. Mahatma Gandhi had unique patience. In South Africa and in India, the English treated him badly. They insulted him. But he never lost his temper. At last, he emerged victorious. It was mainly because of his patience, non-violence, 'Satyagraha', and sincere efforts that we got freedom on August 15, 1947.

Dear children! If you want to succeed in life, never lose your temper. Never have a desire for revenge. Forgiveness is the best form of revenge. We should learn to inculcate the quality of patience, which would make us more strong.

Explanation

Long time ago there was a tortoise who lived by a pool in a forest. There were two swans who often came to the pool to drink water. Soon they became good friends.

Once there was no rain, so the pool was about to dry up. Swans said to the tortoise since the pool will dry up soon so they have to leave that place. The tortoise said he would like to go with them but he cannot fly. Then swans said that if he closes his mouth then they can easily take him with them. Hearing this tortoise said it is very easy. They said, it's not easy to control the anger and to keep patience. He assured them that he will control his anger and keep patience.

The swans brought a thin but a strong stick and they instructed the tortoise that he need to hold the stick hard, if he opens his mouth then he will fell down on the ground and he will be die.

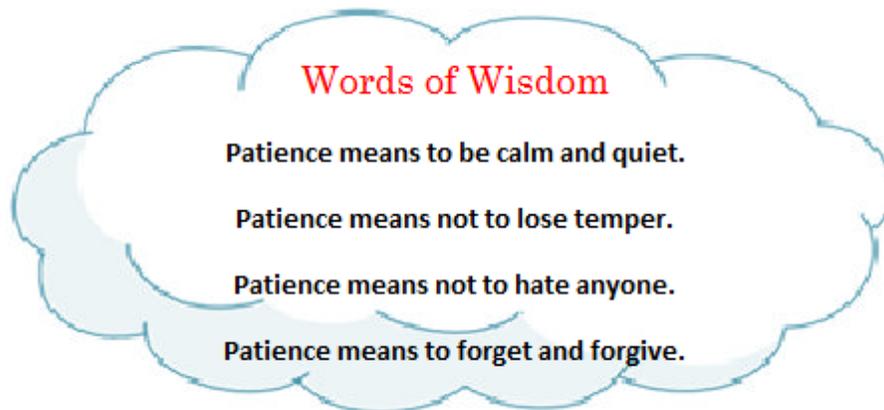
Few children were playing in the field, they saw the two swans were flying with the tortoise. They start making noise so that tortoise will open his mouth. Hearing the noise coming from the children the tortoise became very angry at their shouting. He couldn't control his anger and also couldn't kept patience. As he opened his mouth to shout, he fell down and was killed.

The Moral of the story is we should always keep patience for completing any work or for achieving any task. Impatience spoils everything.

Lord Gautam Buddha, Jesus Christ, Maharishi Dayanand and Mahatma Gandhi all of them had one thing in common and i.e. patience, the capacity to accept or tolerate delay, problems, or suffering without becoming annoyed or anxious. Children, we should learn to inculcate the quality of patience, which would make us more strong.

Note: Dear students you are requested to write 'Words of Wisdom', Q/Ans. and draw the following picture in your notebook. If you don't have fair notebook, you can write in rough notebook also.

Class Work



A. Draw a picture showing patience.



B. Answer the following questions:

Q1 What does patience mean?

Ans. Patience means to be calm and to control one's emotions. It is very easy to lose one's temper but it is really difficult to be patient.

Q2 Why was the tortoise worried?

Ans. The tortoise was worried because there was no rain in that area for long time. The pool in which the tortoise lived was about to dry up and he didn't want to die.

Q3 Why did the swans want to move to some other place?

Ans. The swans wanted to move to some other place because they were sure that the pool is going to dry up.

Q4 The swans could not fly very high. Why?

Ans. The swans held the two ends of the stick in their beaks and flew. As the tortoise was too heavy, the swans could not fly very high.

Q5 What did the children do when they saw the swans carrying the tortoise?

Ans. When the children saw that two swans were carrying a tortoise, they made a plan and began to make noise so that the tortoise might open his mouth.

Q6 Why was the tortoise killed?

Ans. When the children began to make noise, the tortoise got very angry at their shouting. He had no control over his anger. He could not remain patient. He opened his mouth and said, "Why do you shout like fools, you silly children". As soon as he opened his mouth he fell onto the ground and was killed.

Q7 Who was Jesus Christ?

Ans. Jesus Christ was the founder of Christianity. He was nailed to a cross. He accepted the crucifixion laughingly and with great patience.

Q8 Who was the founder of Arya Samaj?

Ans. Maharishi Dayanand was the founder of the Arya Samaj. He was famous for his patience.

Q9 Who poisoned Maharishi Dayanand's food?

Ans. Maharishi Dayanand's own cook poisoned his food. Still he remained calm and patient. He called the cook and told him to slip away lest his followers will harm him.

C. Fill in the blanks choosing the correct word from brackets:

- 1 It is very easy to lose one's temper. (easy/ difficult)
- 2 It is difficult to control one's anger. (difficult/ easy)
- 3 The tortoise was too heavy to hang. (light/ heavy)
- 4 The virtue of patience is of great help to everyone. (small/ great)
- 5 Lord Buddha was famous for his patience. (knowledge/ patience)
- 6 In South Africa, the English insulted Gandhiji. (Africans/ English)
- 7 There was no rain in the area for a long time. (long/ short)
- 8 The swans brought a thin but strong stick. (thick/ thin)
- 9 The tortoise got very angry at the children's shouting. (happy/ angry)
- 10 Lord Buddha succeeded in changing the hearts of many cruel people. (kind/ cruel)
- 11 We got freedom on August 15, 1947. (January 26, 1950/ August 15, 1947)

D. Tick (✓) the correct option:

- 1 What will happen if someone teases you?
 - (a) You will tease him too.
 - (b) You will lose your temper.
 - (c) You will be patient.
 - (d) You will be annoyed with him.

- 2 Why did the tortoise fall?
 - (a) He was too heavy.
 - (b) He could not control his anger.
 - (c) He could not hold the stick hard in his mouth.
 - (d) He was tired.

- 3 The best form of revenge is
 - (a) Punishment
 - (b) Social boycott
 - (c) Forgiveness
 - (d) None of the above.

E. Match Column-A with Column-B :

	Column - A	<u>Ans</u>	Column - B
1	Patience means	<u>2</u>	(a) forgave his cook who had poisoned his food.
2	Maharishi Dayananad	<u>1</u>	(b) to control one's anger and remain calm.
3	Jesus Christ	<u>3</u>	(c) accepted the crucification with patience.
4	Lord Buddha	<u>5</u>	(d) did not lose his temper when he was treated badly by the English.
5	Mahatma Gandhi	<u>4</u>	(e) succeeded in changing the hearts of many mighty and cruel people.

HOME WORK : LEARN Q/ANS. , Fill Ups, MCQ and Match the column.
